

Take Charge of Your Diabetes

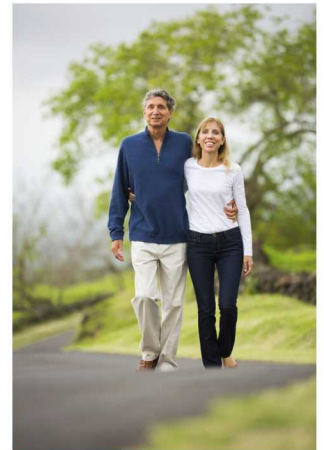


Dates: Wednesdays, beginning 9/4 - 10/9

Times: 1:00 pm

Location: Roane Medical Center - Emerald Rm

I was tired. I hurt all the time. It felt like my diabetes was telling me what I could and couldn't do. *The Take Charge of your Diabetes* workshops put me back in control.



Contact your UT Extension in Roane or Morgan County to
sign up.

R- (865) 376-5558 or M- (423) 426-300