

Roane Medical Center

2017-2019 Community Needs Assessment

Implementation Plan

Identified Community Needs:

1. Prescription Drug Abuse
2. Obesity
3. Transportation
4. Affordable Prescriptions

Implementation Strategy to Address Needs:

1. Prescription Drug Abuse

- **Prescription Drug Task Force**
 - Roane Medical Center will continue to serve as a partner on the Roane County Anti-Drug Coalition and its prescription drug task force.

2. Obesity

- **Get on Trails Patch Program**
 - Beginning in 2017 Roane Medical Center initiated a program with local state parks to encourage residents to get out and walk local trails. Individual participants agree to walk 25 miles during April – May, record their trails and distances, and redeem their hard work for a 2.5- inch embroidered patch. Each subsequent year will have a new patch to be earned. Roane Medical Center promotes this program to its employees and to the broader community.
- **Covenant Health Biggest Winner Campaign**
 - On a twice-yearly basis, Roane Medical Center participates with other west Knoxville Covenant Health campuses in a Biggest Winner program for employee health. Each program cycle can include up to 20 employees and focuses on weight loss and improving personal health biometrics. Local greenways and trails are used for the exercise component. Pre- and post-testing helps track health improvements.
- **Friday Fitness Club**
 - Roane Medical Center will continue its Friday Fitness Club. This is a collaborative effort with Methodist Medical Center of Oak Ridge. One Friday each month, a joint hike is held sponsored by both organizations. Monthly participation is between 30-40 hikers.
- **Healthy Eating Programs**
 - Roane Medical Center is partnering with Mid East Senior Services and UT Extension Services to expand access for seniors to their Congregate Feeding program and to host healthy cooking classes.

3. Transportation

- **Round About Roane**

- Roane Medical Center was a partner in the establishment of Round About Roane, a senior citizen transportation program. Roane Medical Center will continue its partnership and assist with advertising and fundraising efforts to support the program. Most of the transportation requests are for healthcare needs. Expansion of Round About Roane and the number of stops will be part of Phase 2 in 2017-2018.

4. Affordable Prescriptions

- **Prescription Assistance Program**

- Roane Medical Center will continue to administer a community prescription assistance program that provides access to free prescriptions for eligible Roane County residents.
- Roane Medical Center is beginning a new partnership with the Oak Ridge/Harriman Free Medical Clinic to provide pharmacy advocate access to further expand assistance to eligible patients.